



Aqua Planet Convention 2016

International Aquafitness Convention by Hydrorider

April 2 – 3, 2016 at Brama Wellness – Via Torrenova 115 - Rome - Italy

Registration Form

NAME _____	SURNAME _____
E@MAIL _____	
ADDRESS _____	
CITY _____	
STATE _____	

MARK YOUR CHOICE WITH AN "X"

- **AquaPlanet Conference Lectures - Saturday April 2nd (afternoon) – Theoretical Sessions : Euro 49,00**

ATTENTION:

Only for Saturday FREE PARTICIPATION for our International Master Trainers and for the technical staff of our International Distributors

FREE PARTICIPATION (to mark if you observe at least one of the above conditions)

- **AquaPlanet Masterclasses – Sunday April 3rd: euro 69,00 (5 masterclasses choice)**

10% Discount for groups of minimum 6 participants.

PLEASE NOTE:

The program can be changed for organizational reasons. The reservation of the classes will be made upon receipt of the fax/mail confirming the payment, and will be assigned based on the availability at the receipt of the registration form. If any of the classes should reach the maximum number of participants, applicants can either assist from the poolside or sign up for an alternative class.

DIESSE S.R.L.

14:00-17:30 Participants Registration

6 Theoretical Sessions of 40 minutes each for getting up-to-date on the most recent and innovative aquafitness methods and programs, with and without equipments.

Time	Workshop	MARK YOUR CHOICE WITH AN X
from 15:00 to 15:40	Conference Room A HYDRORIDER SYSTEM: 15 YEARS OF AQUACYCLING IN THE POOLS ALL OVER THE WORLD <i>Davide Canè – Giorgia Collu – Marco Gagliassi</i>	
from 15:45 to 16:25-17:15	Conference Room A (15:45-16:25) HYDRORIDER WATER EQUIPMENT, RESEARCH AND APPLICATIONS <i>Andrée Dionne</i>	
	Conference Room B (15:45-17:15) THEORY AND METHODOLOGY OF TRAINING <i>Faro Longo</i>	
from 16:30 to 17:10	Conference Room A HYDRORIDER & MUSIC <i>Ivan De Luca & Manuela Ragnoli</i>	
from 17:15 to 17:55	Conference Room A ABS & BIKE <i>Javier Bergas</i>	
from 18:00 to 18:40	Conference Room A EVOLUTION OF FITNESS EDUCATION TOWARDS BODY AWARENESS <i>Mimi Adami – Giorgia Collu - Tinoca</i>	

Sunday, April 3rd

08:30-09:30 Participants Registration

Time	Masterclass	Presenter	Pool	MARK YOUR CHOICE WITH AN X
from 09:30 to 10:10	Aquabikes meets Aquajump (bikes e jumps)	<i>Ana Freire & Tinoca</i>	Black – shallow water	
	Acqua Boost	<i>M. Ragnoli & C. Tonelli</i>	Red	
from 10:20 to 11:00	Aqua Power Cycling (bikes)	<i>Guillame Mauvais</i>	Black – shallow water	
	Athletic Jump (jump)	<i>Faro Longo</i>	Black – shallow water	
	High Intensity Interval Training (belts)	<i>Mimi Adami</i>	Black – deep water	
	HIITreadmill" (treadmills)	<i>Ivan De Luca</i>	Red	
from 11:10 to 11:50	Jump Hip & Hop (jumps)	<i>Giorgia Collu & Marco Gagliassi</i>	Black – shallow water	
	Aqua Training Treadmill (treadmills)	<i>Camille Schoepfer</i>	Red	
from 12:00 to 12:40	The Hydrorider Challenge! (bikes+jumps+treadmills)	<i>Andrée Dionne & Co.</i>	Black – shallow water	
	Let's Go Deep (belts)	<i>Tinoca</i>	Black – deep water	
	AcquaPOWER	<i>Guillame Mauvais</i>	Red	
from 12:50 to 13:30	Functional Combination (anklets)	<i>Ivan De Luca</i>	Black – shallow water	
	Discover the pedalling way (bikes)	<i>Javier Bergas</i>	Red	
from 13:30 to 14:10	Forever Aquafit	<i>Mimi Adami</i>	Black – shallow water	
	Super Bike from UK (bikes)	<i>Rhyan & Nathalia Graham</i>	Red	
from 14:10 to 14:50	Hydro Combination	<i>M.Gagliassi –M.Ragnoli –C.Tonelli</i>	Black – shallow water	
	Aqua Explorer (bikes)	<i>Ana Freire</i>	Red	
from 14:50 to 15:30	H2O Conscious Functional	<i>Tinoca</i>	Black – shallow water	
	Revolutions Jumps (jumps)	<i>Ivan De Luca</i>	Red	
from 15:30 to 16:10	Hydrobikes & Fluid Pilates (bikes)	<i>Javier Bergas & Giorgia Collu</i>	Black – shallow water	
	AquaBoxing	<i>Camille Schoepfer</i>	Red	
from 16:10 to 16:50	Aqua Planet Challenge	<i>Team Teach con tutti i Presenters</i>	Black – shallow water	

Disclaimer:

I have read and I accept all conditions and rules set by the organization. I declare to be in good health and to participate at the event completely under my own responsibility. I release from now the organization from any responsibility and renounce any right to claim any damages or compensation.

Place..... Date..... Signature.....

HOW TO REGISTER:

1- Fill the Form in all its parts and sign, remember to mark with an X your choices.

2- PAYMENT:

- **BANK WIRE:**

Beneficiary: Diesse S.r.l.

Bank: Banca Popolare dell' Emilia Romagna

IBAN: IT 33 Y 05387 37070 000000028758

SWIFT/BIC: BPMOIT22XXX

ACC. #: 28758

FOR: Aqua Planet Convention 2016 – (please write your name here)

3- Send the Form, page 1 and 2 along with payment receipt via Fax or Email to:

Fax: +39 051-463090 email: info@hydrorider.com

INFO LINE: email info@hydrorider.com